

**ANNOUNCEMENT OF THE  
'SANDWICH MAKING  
COMPETITION'**

Grade One

Academic Year 2017/ 2018

**BRING ON THE CHEF IN 'YOU'**

Day: Tuesday

Date: 23<sup>rd</sup> January 2018

Venue: Grade One Classrooms

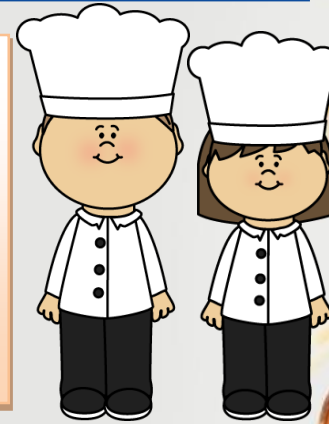


## **ANNOUNCEMENT OF THE 'SANDWICH MAKING COMPETITION'**

Grade One

Department of Science

Academic Year 2017/ 2018



18<sup>th</sup> January 2018, Thursday

Dear Parents

Our Science Department is glad to announce the '**Sandwich Making Competition**' which will be held on Tuesday, 23<sup>rd</sup> January 2018. The focus of the program is to promote physical fitness, healthy eating and lifestyle. In this competition students will not only learn about healthy eating habits and its advantages but also at the same time they will get the chance to show off their cooking and decorating skills.

Students will make sandwiches using their creativity and imagination. They will be judged on their presentation and recipe. Pictures will be attached for guidance.

Practice can be done at home as well. Remember! Practice makes perfect!

We request parents to send the following ingredients for students to participate:

1. Bread
2. Diced Vegetables (as per choice)
3. Any kind of cooked protein for e.g. eggs, chicken, fish, mortadella, sausages etc. (Optional)
3. Sauces for e.g. mayo, ketchup etc.
4. Cutlery and crockery (no knives for safety reasons)
5. An Apron, gloves and a chef's hat (to avoid stains)



## Judging Criteria:

1. Every student's platter will be judged.
2. The sandwich made should consist of healthy food ingredients.
3. Presentation should be creative and neat.
4. 45 minutes will be provided to our students to create their platter.



Only three winners will be chosen from each class.

Certificates and prizes will be awarded to the top 3 winners.

Dear parents do encourage your child to participate to experience the fun while learning

**So LET THE COMPETITION BEGIN!**

Picture samples:



**Organized by Department of Science Grade One**

